

## SOFT DRINKS



### ... Sparkling water

L'eau vertueuse - Velleminfroy (70).....(50 cl) 3,00 €  
With organic lemon juice.....3,50 €

... "Sirops" organic syrup + still water .....(25 cl) 2,00 €  
Flavors: Grenadine • Mint • Lemon • Strawberry • Rasp & blackberry • Peach

... "Diabolos" organic syrup + limonade .....(25 cl) 3,80 €

### ... Fruit juices

Apple juice from the valley .....(15 cl) 3,00 €

Bissap (hibiscus) - Teranga MS - Ornans (25).....(15 cl) 3,50 €

Top of the line juices - Alain Milliat - Valence (26) .....(20 cl) 5,90 €  
Flavors: Apricot • Raspberry • Peach • Tomato  
Organic Orange & Mandarin • Organic Mango & Passion Fruit

... Sparkling lemonades - Elixia - Champagnole (39)

Limo plain organic with agave syrup .....(33 cl) 3,70 €

Limo herbal organic .....(33 cl) 4,00 €

Flavors: Basil • Elderflower • Orange blossom • Mint

Limo cola .....(33 cl) 4,50 €

... Organic lemonades - A. Milliat - Valence (26) (25 cl) 5,90 €  
Flavors: Ginger • Passion

### ... Organic sparkling herbal teas

Symplex - Lorraine.....(33 cl) 4,90 €

Energising (thyme, peppermint, lemon)

Relaxing (verbena, cherry, lavender)

Detoxifying (sage, apple, elderflower)

... Organic kombuchas - Ananda - Frasne (25)(33 cl) 6,00 €  
Flavors: Vanilla Cocoa • Ginger Curcuma • Jasmine Rose  
Black Tea • Cardamom Tulsi

... Organic gingerbeer - Socrate - Dijon (21).....(33 cl) 4,90 €

... Organic tonic - Rosemary Lemon .....(33 cl) 4,90 €  
Socrate - Dijon (21)

... Alcohol-free beer - organic .....(33 cl) 5,00 €  
Moulin des Moines - Krautwiller (67)

Some of our products are available  
in our shop: do come and visit us :)



## ALCOHOLIC DRINKS

... Organic wine : SEE OUR WINE LIST

### ... Organic beer

Les 2 fûts - Besançon (25)

DRAFT: Blond 4,9° ..... (30 cl) 4,00 €

Bottled flavors: Amber 5,8° • White 5,5° • IPA 5,2° ..... (33 cl) 6,50 €

Current offer ..... (33 cl) 7,00 €

Aromacomtois - Amancey (25)

Flavors: Fir blond beer • Spruce white beer ..... (33 cl) 7,00 €

Moulin des Moines - Krautwiller (67) - Gluten-free beer ..... (33 cl) 6,50 €

## HOT DRINKS



... Organic teas - L'ilot Thé - Sizun (29) .....(25 cl) 2,90 €

### Green

Maté • Chun mee • Flower tea • Wild berry tea • Jasmine

Fairy tea (herbal, spiced, bergamot) • A cup of sea (algae & ginger)

Genmaicha (puffed rice) • Mystery tea (mango, ginger, lemon)

### Noirs

English breakfast • Earl grey (bergamot lemon)

Pu-erh (orange) • Duo of roses (rosehip, rose, rose geranium)

... Organic herbal teas - L'ilot Thé - Sizun (29).....(25 cl) 2,90 €

Rooibos (plain) • Zoulou (green rooibos and spearmint)

Chai (spiced) • Surprise herbal tea

### ... Coffee

"1936" Mokador 100% arabica - Artisan roasted in Switzerland

Espresso short or long ..... 1,80 €

Coffee with cream or milk ..... 2,00 €

Double coffee ..... 3,00 €

Double coffee with cream or milk ..... 3,20 €

Decaf short or long ..... 1,80 €

Chicory (caffeine-free) .....(15 cl) 2,20 €

Cappuccino ..... 4,50 €

If vegan milk ..... +0,50 €

... Organic hot chocolate .....(15 cl) 3,50 €

If vegan milk ..... +1,00 €

... Organic golden milk with many benefits!

(coconut rice milk, turmeric, ginger, black pepper) .....(15 cl) 5,50 €

### ... Aperitifs and digestives

Kir local white wine and blackcurrant liqueur - 12° ..... (10 cl) 4,50 €

Frénette - 2,2° ..... bottle (75 cl) 10,00 € ..... glass (15 cl) 3,00 €

Hubert Gaillot - Ville-du-Pont (25)

Slightly alcoholic, fizzy drink, made from ash tree fermented leaves

Flavors: Plain • Elderberry flower • Gentian

Prés d'or organic dandelion and gentiane - 11° - H. Gaillot . (4 cl) 4,50 €

Organic hay aperitif from the Jura mountains - 17°

Distillerie Bourgeois - Arçon (25)..... (4 cl) 4,50 €

Organic Pastis du Jura - 45° - Distillerie Bourgeois (2 cl) 4,00 €

Pontarlier aniseed - 45° - Distillerie Guy - Pontarlier (25) (2 cl) 3,50 €

White Macvin du Jura - 13° - Domaine Lornet..... (5 cl) 5,00 €

Organic green absinthe - 72° - Distillerie Bourgeois (2 cl) 3,90 €

Organic fir tree liqueur - 25° - Distillerie Bourgeois (2 cl) 3,50 €

Spiced amber rum - 35° - Tessendier & Fils ..... (4 cl) 5,00 €

### ... Organic cocktails

Gin Tonic: Gin Tessendier & Fils 40° + Tonic Socrate..... 8,00 €

Ka Gin: Vodka Tessendier & Fils 40° + Gingerbeer Socrate.... 8,00 €

Gin Gin: Gin Tessendier & Fils 40° + Gingerbeer Socrate .... 8,00 €

YUM YUM!



### ... Organic salty snack

|                                                              |        |       |
|--------------------------------------------------------------|--------|-------|
| <b>Pistachios</b> .....                                      | (100g) | 5,00€ |
| <b>Cashew nuts</b> with paprika or curry .....               | (100g) | 5,00€ |
| <b>Bretzels</b> .....                                        | (125g) | 4,00€ |
| <b>Gressins</b> .....                                        | (125g) | 4,00€ |
| <b>Potato chips</b> .....                                    | (100g) | 5,00€ |
| <b>Corn chips</b> .....                                      | (200g) | 5,00€ |
| <b>Vegetable chips</b> .....                                 | (90g)  | 5,00€ |
| <b>Buckwheat chips</b> .....                                 | (100g) | 5,00€ |
| <b>Lentil chips</b> caramelised onion flavour .....          | (75g)  | 5,00€ |
| <b>Lentil chips</b> pesto flavour .....                      | (75g)  | 5,00€ |
| <b>Hummus</b> .....                                          | (100g) | 5,00€ |
| <b>Spread</b> green or black olive or feta bell pepper ..... | (100g) | 5,50€ |
| <b>Algae tartar</b> .....                                    | (90g)  | 6,50€ |
| <b>Sardine or mackerel rillettes</b> .....                   | (90g)  | 6,50€ |

Hummus, spreads, tartar and rillettes: served with bread

### ... Home cooking

WITH ORGANIC AND/OR LOCAL PRODUCTS

→ served from 12 noon to 2.30 pm BOOKING RECOMMENDED

|                                             |        |
|---------------------------------------------|--------|
| <b>Plate of the day</b> .....               | 17,50€ |
| <b>Child's plate</b> .....                  | 10,00€ |
| <b>Smoked trout fillet supplement</b> ..... | 3,50€  |
| <i>Pisciculture Côte - Bonnevaux (25)</i>   |        |
| <b>Plate of local cheeses</b> .....         | 6,50€  |
| <b>Dessert of the day</b> .....             | 6,00€  |

TAKEAWAY FORMULAS *Think about your containers ;)*

**Plate** ..... 17,00€ • **Dessert** ..... 5,50€

### ... Sweet snack LOCAL CRAFTS (assortment possible)

**Shortbread biscuits** La Petite miette - Brères (25) ..... 1,00€  
Of your choice: Small spelt • Chocolate wheat • Chocolate buckwheat & wheat

### ... Organic ice cream served in 140 ml tubs

Le Jardinier glacier - Saint-Etienne-en-Bresse (71)

**Sorbets** ..... 5,95€

1 flavour of your choice: Apricot • Blackcurrant • Lemon  
Strawberry • Raspberry • Kiwi • Mango • Blackberry • Blueberry

**Oat milk ice cream** (gluten free) ..... 5,95€

1 flavour of your choice: Banana • Coffee • Chocolate • Mint • Hazelnut

**Rice milk ice cream** (gluten free) ..... 5,95€

1 flavour of your choice: Lemon Basil • Salted Caramel  
Lavender • Walnut • Rosemary • Vanilla • Verbena

### "CAFÉ SUSPENDU"

This tradition consists of **paying for 2 drinks**:  
one that you consume and the other that  
**you give to someone in need.**

One can ask us to check availability  
on the dedicated board.



PLEASE LET US KNOW IF YOU HAVE ANY FOOD ALLERGIES.  
NET PRICES IN EUROS, SERVICE IS INCLUDED.

**L'îlot**  
Magasin Café Cantine

## A cultural venue in a ancient mansion of Ornans including :



**a grocery shop** selling local products, fruit and vegetables, organic and bulk products, as well as local crafts;

**a café** with a friendly atmosphere, where you can enjoy drinks and pastries;

**a restaurant** with an open kitchen, where everything is homemade using organic and/or local products;

**two charming** sunny and shady **terraces**.

A magnificent frame to take your time (books and games available), meet and chat, and **discover** producers, craftspeople, musicians, artists...

We invite you to come and spend some quality time here and **share** your skills, ideas, wishes and talents.

## CREATION IS OUR LEITMOTIF!

**You're welcome at L'îlot!**

*L'îlot, meaning "small island," is on the ground floor of the only house on Courbet Square that remains high and dry when the Loue River floods.*

**Would you like to know our program of events**  
(concerts, exhibitions, workshops, conferences...)?



Ask us to put you on our mailing list.

8 PLACE COURBET 25290 ORNANS  
03 39 59 76 79 / 06 42 76 41 34 • LILOT.ORNANS@GMAIL.COM

**f @ LILOT.ORNANS**